SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FEB 5 - 2003
NOTICE OF SALE OF SECURITIES
PURSUANT TO REGULATION D,
Prefix

SECTION 4(6), AND OR 1086 EXEMPTION

03	005626		
	SEC USE ONLY	Y	
Prefix			Serial
	l	1	
	DATE RECEIVE	D	

Name of Offering	Name of Offering (check if this is an amendment and name has changed, and indicate change.)											
\$5,000,000 Unit offering (one share of Common Stock and an Option to purchase one share of Common Stock)												
Filing Under (Check box(es) that apply):												
Type of Filing:	☐ New Filing	☐ Amendment										
A. BASIC IDENTIFICATION DATA												
1. Enter the inform	mation requested about the	issuer										
Name of Issuer	check if this is an am	nendment and name h	nas changed, and in	dicate change.								
Instinct Nutrition, I	nc.					···						
Address of Executiv	e Offices		(Number and Street	et, City, State, Zip Co	ode) Telep	hone Number (Including Area Code)					
17276 Citron, Irvine	e, California 92612	······································				(949) 8	36-3375					
Address of Principal	Offices		(Number and Street	et, City, State, Zip Co	ode) Telep	hone Number (Including Area Code)					
(if different from Exe	ecutive Offices) Same						Same					
Brief Description of	Business: Sales and	Distribution of Nutr	ition Products			PF	ROCESSED					
Type of Business O	rganization					1	FEB 0 7 2003					
	☐ corporation	☐ limited	partnership, already	formed	other (p	lease specify)	LED OF FAME					
	☐ business trust	⊠ limited	partnership, to be fo	med			THOMSON					
			Month	Yea	r		FINANCIAL					
Actual or Estimated	Date of Incorporation or O	rganization:	0 8	0	2		☐ Estimated					
Jurisdiction of Incom	poration or Organization: (Enter two-letter U.S.	Postal Service Abbr	eviation for State;		·	 ,					
		С	N for Canada; FN fo	or other foreign juriso	iction)	C A						

GENERAL INSTRUCTIONS

Federal:

Who Must File: All issuers making an offering of securities in reliance on an exemption under Regulation D or Section 4(6), 17 CFR 230.501 et seq. or 15 U.S.C. 77d(6).

When To File: A notice must be filed no later than 15 days after the first sale of securities in the offering. A notice is deemed filed with the U.S. Securities and Exchange Commission (SEC) on the earlier of the date it is received by the SEC at the address given below or, if received at that address after the date on which it is due, on the date it was mailed by United States registered or certified mail to that address.

Where to File: U.S. Securities and Exchange Commission, 450 Fifth Street, N.W., Washington, D.C. 20549.

Copies Required: Five (5) copies of this notice must be filed with the SEC, one of which must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

Information Required: A new filing must contain all information requested. Amendments need only report the name of the issuer and offering, any changes thereto, the information requested in Part C, and any material changes from the information previously supplied in Parts A and B. Part E and the appendix need not be filed with the SEC.

Filing Fee: There is no federal filing fee.

State:

This notice shall be used to indicate reliance on the Uniform Limited Offering Exemption (ULOE) for sales of securities in those states that have adopted ULOE and that have adopted this form. Issuers relying on ULOE must file a separate notice with the Securities Administrator in each state where sales are to be, or have been made. If a state requires the payment of a fee as a precondition to the claim for the exemption, a fee in the proper amount shall accompany this form. This notice shall be filed in the appropriate states in accordance with state law. The Appendix to the notice constitutes a part of this notice and must be completed.

ATTENTION

Failure to file notice in the appropriate states will not result in a loss of the federal exemption. Conversely, failure to file the appropriate federal notice will not result in a loss of an available state exemption unless such exemption is predicated on the filing of a federal notice.



		A. BASIC II	DENTIFICATION DAT	Α	
Each beneficial owEach executive offi	he issuer, if the iss ner having the pov cer and director o	suer has been organized will wer to vote or dispose, or di			a class of equity securities of the issuer; rtnership issuers; and
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner		☑ Director	☐ General and/or Managing Partner
Full Name (Last name first,	if individual):	Keil, Greg			*
Business or Residence Add	Iress (Number and	Street, City, State, Zip Coo	de): c/o Instinct Nutritio	n, Inc. 17276 Citro	n, Irvine, California 92612
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner		□ Director	☐ General and/or Managing Partner
Full Name (Last name first,	if individual):	Keil, Scott			
Business or Residence Add	Iress (Number and	Street, City, State, Zip Coo	de): c/o Instinct Nutritio	n, Inc. 17276 Citro	n, Irvine, California 92612
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or Managing Partner
Full Name (Last name first,	if individual):		,		
Business or Residence Add	iress (Number and	d Street, City, State, Zip Co	de):		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or Managing Partne
Full Name (Last name first,	if individual):		<u></u>		
Business or Residence Add	dress (Number and	d Street, City, State, Zip Co	de):		
Check Box(es) that Apply:	☐ Promoter	Beneficial Owner	Executive Officer	Director	☐ General and/or Managing Partne
Full Name (Last name first,	if individual):				
Business or Residence Add	dress (Number and	d Street, City, State, Zip Co	de):		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	Executive Officer	Director	☐ General and/or Managing Partne
Full Name (Last name first,	if individual):			<u> </u>	
Business or Residence Add	dress (Number and	d Street, City, State, Zip Co	de):		· · · · · · · · · · · · · · · · · · ·
Check Box(es) that Apply:	☐ Promoter	Beneficial Owner	☐ Executive Officer	Director	☐ General and/or Managing Partne
Full Name (Last name first,	if individual):				
Business or Residence Add	dress (Number and	d Street, City, State, Zip Co	de):		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or Managing Partn
Full Name (Last name first,	if individual):				
Business or Residence Add	dress (Number an	d Street, City, State, Zip Co	de):		
Check Box(es) that Apply:	☐ Promoter	☐ Beneficial Owner	☐ Executive Officer	☐ Director	☐ General and/or Managing Partn
Full Name (Last name first,	if individual):				
Rusiness or Pesidence Add	dress (Number and	d Street, City, State, Zip Co	ide).		

					B. I	NFORM	ATION	ABOUT	OFFER	NG			
··										<u>.</u>		<u>Yes</u>	No
1. Has	the issuer	sold, or d	loes the is:	suer intend					v				<u></u>
					Answer a	lso in App	endix, Col	umn 2, if fi	ling under	ULOE.		_	-
2. Wha	at is the mi	nimum inv	estment tf	nat will be	accepted f	rom any ir	ndividual? .					\$25,000	
					•	•						<u>Yes</u>	<u>No</u>
3. Doe	s the offer	ing permit	joint owne	ership of a	single unit	?						\boxtimes	
any offe and	er the infor commission ring. If a p for with a sociated pe	on or simil erson to b state or sta	ar remune be listed is ates, list th	ration for s an associa e name of	solicitation ated perso the broker	of purchas n or agent or dealer	sers in con of a broke . If more t	nection wi er or deale han five (5	th sales of r registered) persons	securities d with the to be listed	in the SEC I are		
Full Nam	e (Last na	me first, if	individual	Dov	wney, Les	lie							
Business	or Reside	ence Addre	ess (Numb	er and Str	eet, City, S	State, Zip (Code)	1208	North Har	ıdy Street	, Orange,	CA 92687	
Names	A	d Dealtor -	e Doctor		· · · · · · · · · · · · · · · · · · ·								
name of	Associate	u proker o	n Dealer	N/A	1								
	Which Pe												
(CII	[AK]	[AZ]			[CO]					☐ [GA]	☐ [HI]	□ {ID]	M VIII Otates
		□ [iA]			□ [LA]	_	☐ [MD]						
 □ [MT]	☐ [NE]	☐ [NV]			☐ [NM]	-		-					
☐ [RI]	-		[TN]		[UT]								
Full Nam	ne (Last na	me first, if	individual)		<u> </u>							
Business	s or Reside	ence Addre	ess (Numb	er and Str	eet, City, S	State, Zip (Code)						
Name of	Associate	d Broker o	or Dealer										
States in	Which Pe	reon Liste	d Has Soli	cited or In	tends to Si	olicit Purcl	22500						····
	eck "All St												☐ All States
[AL]	[AK]	[AZ]	[AR]	☐ [CA]	□ [CO]	□ [CT]	□ [DE]		□ (FL)	□ [GA]	[HI]	□ [ID]	
	□ [IN]	□ [IA]	□ [KS]		[LA]		☐ [MD]	[MA]	[MI]	☐ [MN]		[MO]	•
☐ [MT]	-	□ [и∨]	☐ [NH]		☐ [NM]	☐ [NY]	☐ [NC]	□ [ND]	[HO]	□ [OK]		☐ [PA]	
☐ [RI]							[VA]	[WA]	[WV]	[WI]	[WY]	☐ (PR)	
Full Nam	ne (Last na	ıme first, if	findividual)									
Busines	s or Reside	ence Addr	ess (Numb	er and Str	reet, City, S	State, Zip	Code)						
Name of	f Associate	d Broker o	or Dealer	·			<u>-</u>						······································
	which Peneck "All St											· · · · · · · · · · · · · · · · · · ·	☐ All States
☐ [AL]	[AK]	□ [AZ]	☐ [AR]	☐ [CA]	☐ [co]		□ [DE]		[FL]	□ [GA]	☐ [HI]	[ID]	
	□ [IN]	[IA]	□ [KS]	□ [KY]		☐ [ME]	☐ [MD]	[MA]	[MI]	□ [MN]	☐ [MS]	[MO]	
[TM]	[NE]	□ [NV]	□ [NH]	[ил]	□ [NM]	□ [NY]	☐ [NC]	□ [ND]	☐ [OH]	□ [OK]		□ [PA]	
□ [RI]	□ [SC]		□ [TN]	□ [TX]	[TU]	[√T]	□ [VA]	[WA]		[WI]		[PR]	

(Use blank sheet, or copy and use additional copies of this sheet, as necessary)

C. OFFERING PRICE, NUMBER OF INVESTORS, EXPENSES AND USE OF PROCEEDS

	box and indicate in the columns below the amounts of the securities offered for exchange and already exchanged. Type of Security Limited Partnership Units	Aggregate Offering Price		Amount Already Sold
	Debt	\$ 	\$	
	Equity	\$ 5,000,000.00	\$	0.00
	☑ Common ☐ Preferred	 		
	Convertible Securities (Warrant to Purchase Common Stock and the underlying Common Stock Issuable Upon Exercise Thereof)	\$ 	\$	
	Partnership Interests	\$ 	\$	
	Other (Specify))	\$ 	<u>\$</u>	
	Total	\$ 5,000,00000	\$	0.00
	Answer also in Appendix, Column 3, if filing under ULOE	 ,		
2.	Enter the number of accredited and non-accredited investors who have purchased securities in this offering and the aggregate dollar amounts of their purchases. For offerings under Rule 504, indicate the number of persons who have purchased securities and the aggregate dollar amount of their purchases on the total lines. Enter "0" if answer is "none" or "zero."			
		Number Investors		Aggregate Dollar Amount Of Purchases
	Accredited Investors	 -0-	\$	0.00
	Non-accredited Investors	 -0-	\$	-0-
	Total (for filings under Rule 504 only)	 	<u>\$</u> \$	-0- N/A
3.	Total (for filings under Rule 504 only)	 		
3.	Total (for filings under Rule 504 only)	 		
3.	Total (for filings under Rule 504 only)	 N/A Types of Security		N/A Dollar Amount
3.	Total (for filings under Rule 504 only)	 N/A Types of Security N/A		N/A Dollar Amount Sold N/A
3.	Total (for filings under Rule 504 only)	 Types of Security N/A N/A		N/A Dollar Amount Sold N/A N/A
3.	Total (for filings under Rule 504 only)	 Types of Security N/A N/A		N/A Dollar Amount Sold N/A N/A
3.	Total (for filings under Rule 504 only)	 Types of Security N/A N/A		N/A Dollar Amount Sold N/A N/A
	Total (for filings under Rule 504 only)	 Types of Security N/A N/A		N/A Dollar Amount Sold N/A N/A
	Total (for filings under Rule 504 only)	 Types of Security N/A N/A N/A		N/A Dollar Amount Sold N/A N/A
	Total (for filings under Rule 504 only)	 Types of Security N/A N/A N/A N/A	\$ \$ \$ \$	N/A Dollar Amount Sold N/A N/A
	Total (for filings under Rule 504 only)	 Types of Security N/A N/A N/A N/A N/A	\$ \$ \$ \$	Dollar Amount Sold N/A N/A N/A
	Total (for filings under Rule 504 only) Answer also in Appendix, Column 4, if filing under ULOE If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in offerings of the types indicated, in the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C—Question 1. Type of Offering Rule 505 Regulation A Rule 504 Total a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the issuer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate. Transfer Agent's Fees Printing and Engraving Costs	 Types of Security N/A N/A N/A N/A N/A N/A N/A	\$ \$ \$ \$	N/A Dollar Amount Sold N/A N/A N/A N/A 100,000.00
	Total (for filings under Rule 504 only)	Types of Security N/A N/A N/A N/A N/A N/A N/A	\$ \$ \$ \$	N/A Dollar Amount Sold N/A N/A N/A N/A 100,000.00
	Total (for filings under Rule 504 only)	Types of Security N/A N/A N/A N/A N/A N/A N/A	\$ \$ \$ \$	N/A Dollar Amount Sold N/A N/A N/A N/A 100,000.00
4.	Total (for filings under Rule 504 only) Answer also in Appendix, Column 4, if filing under ULOE If this filing is for an offering under Rule 504 or 505, enter the information requested for all securities sold by the issuer, to date, in offerings of the types indicated, in the twelve (12) months prior to the first sale of securities in this offering. Classify securities by type listed in Part C—Question 1. Type of Offering Rule 505 Regulation A Rule 504 Total a. Furnish a statement of all expenses in connection with the issuance and distribution of the securities in this offering. Exclude amounts relating solely to organization expenses of the issuer. The information may be given as subject to future contingencies. If the amount of an expenditure is not known, furnish an estimate and check the box to the left of the estimate. Transfer Agent's Fees Printing and Engraving Costs Legal Fees Accounting Fees	Types of Security N/A N/A N/A N/A N/A N/A N/A	\$ \$ \$ \$	N/A Dollar Amount Sold N/A N/A N/A N/A 100,000.00

	C. OFFERING PRICE, NUMB	ER OF INVESTORS, EX	PENSES	AND USE OF PROC	EEDS	S	
4	b. Enter the difference between the aggregate offering Question 1 and total expenses furnished in response to "adjusted gross proceeds to the issuer."	Part C-Question 4.a. This diffe	erence is the		<u>\$</u>	3,750,	000.00
5	Indicate below the amount of the adjusted gross proceed used for each of the purposes shown. If the amount for estimate and check the box to the left of the estimate. The adjusted gross proceeds to the issuer set forth in restaurant of the interest of th	any purpose is not known, furn he total of the payments listed	nish an must equal	Payments to Officers, Directors & Affiliates		Paymen Other	
	Salaries and fees			\$		\$	
	Purchase of real estate	······		\$		\$	
	Purchase, rental or leasing and installation of ma	achinery and equipment		\$		\$	
	Construction or leasing of plant buildings and factorisation of other businesses (including the value offering that may be used in exchange for the as	lue of securities involved in this	S	\$		\$	
	pursuant to a merger			\$		\$	
	Repayment of indebtedness			\$		\$	
	Working capital			\$		\$ 3,750	,000.00
	Other (specify):	·		\$		\$	
				\$. 🗆	\$	
	Column Totals			\$		\$ 3,750	,000.00
	Total payments Listed (column totals added)			⊠ <u>\$</u>	3,7	750,000.00	
		D. FEDERAL SIGNAT	ΓURE				
co	is issuer has duly caused this notice to be signed by the institutes an undertaking by the issuer to furnish to the U.S the issuer to any non-accredited investor pursuant to par	S. Securities and Exchange Co					
lss	suer (Print or Type)	Signature		0 0	ate	1	
_	stinct Nutrition, Inc.		ry 9.	F	ebruary	, 2003	
Na	ame of Signer (Print or Type)	Title of Signer (Print or Type	e) /	(v		•	
Gr	egory E. Keil	President					

	E. S	TATE SIGNATURE			
1.	Is any party described in 17 CFR 230.252(c), (d), (e) or (f) presen such rule?			Yes 🗆	No ⊠
	See Appendi	c, Column 5, for state resp	ponse.		
2.	The undersigned issuer hereby undertakes to furnish to any state 239.500) at such times as required by state law.	administrator of any state	in which this notice is filed, a	notice on Form D (17 CFR
3.	The undersigned issuer hereby undertakes to furnish to the state	administrators, upon writte	en request, information furnish	ned by the issuer to	offerees.
4.	The undersigned issuer represents that the issuer is familiar with Exemption (ULOE) of the state in which this notice is filed and unestablishing that these conditions have been satisfied.				
	e issuer has read this notification and knows the contents to be true thorized person.	and has duly caused this	notice to be signed on its beh	alf by the undersig	ned duly
iss	uer (Print or Type) Signati	re /	(), /	Date /	
Ing	stinct Nutrition, Inc.	Duy on	12. 6	February 7, 2	003
Na	me of Signer (Print or Type) Title of	Signer (Print or Type)			

President

Instruction:

Gregory E. Keil

Print the names and title of the signing representative under his signature for the state portion of this form. One copy of every notice on Form D must be manually signed. Any copies not manually signed must be photocopies of the manually signed copy or bear typed or printed signatures.

				APF	PENDIX					
1	2	2	3			4		5		
	Intend to non-ad investors (Part B -	ccredited	Type of security and aggregate offering price offered in state (Part C – Item 1)		Type of investor and Amount purchased in State (Part C – Item 2)					
State	Yes	No	Common Stock and Option to Purchase Common Stock	Number of Accredited Investors	Amount	Number of Non-Accredited Investors	Amount	Yes	No	
AL.								-	 	
AK						-			 	
AZ									 	
AR									<u> </u>	
CA									<u> </u>	
со										
СТ		<u> </u>							 	
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IL		-							 	
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KS	 			<u> </u>						
KY									+	
LA		 						 	1	
ME		<u> </u>							+	
MD			_						+	
MA	 							-	+	
MI									+	
MN	-									
MS	<u> </u>	 		·						
МО	-								+	

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				APF	PENDIX					
4	2	, " "	3			4		5		
1		to sell ccredited in State	Type of security and aggregate offering price offered in state (Part C – Item 1)		4 Type of investor and Amount purchased in State (Part C – Item 2)					
State	Yes	No	Common Stock and Option to Purchase Common Stock	Number of Accredited Investors	Amount	Number of Non-Accredited Investors	Amount	Yes	No	
MT				- 						
NE NV				· · · · · · · · · · · · · · · · · · ·						
NH NJ								<u> </u>		
NM									<u> </u>	
NY								-		
NC				"				<u> </u>		
ND									<u> </u>	
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RI	 							 		
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TX									1	
UT				1					1	
VT		 								
VA	1									
WA										
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PR				**************************************		1			 	